

## START LIST



## 10000 Metres Women

	RESULT	NAME	COUNTRY	DATE	VENUE
WR	29:31.78	Junxia Wang	CHN	8 Sep 1993	Beijing
WL	31:04.85	Shalane Flanagan	USA	29 Mar 2013	Palo Alto, CA
MR	31:03.37	Tirunesh DIABABA	ETH	26 May 2008	Ostrava

27 June 2013 16:20

ORDER	BIB	NAME	COUNTRY	DATE of BIRTH	PERSONAL BEST	SEASON BEST
1		<b>Etagegne Woldu Mamo</b>	ETH	10 May 96		
2		<b>Petra Kubešová</b>	CZE	18 May 91		
3		<b>Yeshaneh Ababel</b>	ETH	10 Jun 90	34:10.00	
4		<b>Zsófia Erdélyi</b>	HUN	10 Oct 87	33:09.73	33:09.73
5		<b>Esther Chemtai</b>	KEN	2 Nov 93	32:55.00	32:55.00
6		<b>Karolina Jarzyńska</b>	POL	6 Sep 81	32:44.40	
7		<b>Muluhabt Tsega Chekol</b>	ETH	11 Sep 89		
8		<b>Gladys Cherono</b>	KEN	12 May 83	32:41.40	34:21.00
9		<b>Trihas Gebre</b>	ETH	29 Apr 90	32:19.05	32:19.05
10		<b>Karima Saleh Jassem</b>	BRN	18 Feb 88	32:17.14	
11		<b>Waganesh Mekasha</b>	ETH	16 Jan 92	31:47.00	
12		<b>Sule Utura</b>	ETH	8 Feb 90	31:41.45	
13		<b>Dulce Félix</b>	POR	23 Oct 82	31:30.90	35:17.70
14		<b>Jessica Augusto</b>	POR	8 Nov 81	31:19.15	
15		<b>Belaynesh Oljira</b>	ETH	26 Jun 90	30:26.70	
16		<b>Linet Masai</b>	KEN	5 Dec 89	30:26.50	
17		<b>Ayalew Wude</b>	ETH	4 Jul 87	30:11.87	
19		<b>Tirunesh Dibaba</b>	ETH	1 Oct 85	29:54.66	
20	P	<b>Irina Dmitriyeva</b>	RUS	11 Feb 82		
21	P	<b>Hiwot Gebrekidan</b>	ETH	11 May 95		

ALL-TIME TOP LIST				2013 TOP LIST			
RESULT	NAME	VENUE	DATE	RESULT	NAME	VENUE	DATE
29:31.78	Junxia Wang	Beijing	8 Sep 1993	31:04.85	Shalane Flanagan	Palo Alto, CA	29 Mar
29:53.80	Meselech Melkamu	Utrecht	14 Jun 2009	31:06.67	Hitomi Niiya	Tokyo	7 Jun
29:54.66	Tirunesh Dibaba	Beijing (National	15 Aug 2008	31:37.22	Betsy Saina	Palo Alto, CA	28 Apr
29:56.34	Elvan Abeylegesse	Beijing (National	15 Aug 2008	31:43.20	Shalane Flanagan	Des Moines, IA	20 Jun
29:59.20	Meseret Defar	Birmingham, GBR	11 Jul 2009	31:44.92	Dorica Obare Kerubo	Palo Alto, CA	28 Apr
30:01.09	Paula Radcliffe	München	6 Aug 2002	31:45.29	Ayumi Hagiwara	Palo Alto, CA	28 Apr
30:04.18	Berhane Adere	Paris Saint-Denis	23 Aug 2003	31:46.37	Kimberley Smith	Palo Alto, CA	28 Apr
30:07.15	Werknesh Kidane	Paris Saint-Denis	23 Aug 2003	31:46.43	Marisol Romero	Palo Alto, CA	28 Apr
30:07.20	Yingjie Sun	Paris Saint-Denis	23 Aug 2003	31:46.64	Kara Goucher	Palo Alto, CA	29 Mar
30:11.53	Florence Jebet Kiplagat	Utrecht	14 Jun 2009	32:00.02	Sally Kaptich Chepyego	Kobe	21 Apr
30:11.87	Wude Ayalew	Utrecht	14 Jun 2009	32:01.83	Gulshat Fazlitudinova	Moskva	11 Jun
30:12.53	Lornah Kiplagat	Paris Saint-Denis	23 Aug 2003	32:02.67	Natalya Puchkova	Moskva	11 Jun
30:13.37	Huandi Zhong	Beijing	8 Sep 1993	32:02.92	Alina Prokopenva	Moskva	11 Jun
30:13.74	Ingrid Kristiansen	Oslo (Bislett)	5 Jul 1986	32:02.99	Elena Nagovitsyna	Moskva	11 Jun
30:15.67	Tirunesh Dibaba	Sollentuna	28 Jun 2005	32:06.64	Jordan Hasay	Palo Alto, CA	28 Apr
30:17.15	Paula Radcliffe	Gateshead	27 Jun 2004	32:07.20	Aliphine Chepkoker Tutiamuk	Palo Alto, CA	28 Apr
30:17.49	Derartu Tulu	Sydney	30 Sep 2000	32:07.70	Yuko Shimizu	Palo Alto, CA	28 Apr
30:18.39	Ejegayehu Dibaba	Sollentuna	28 Jun 2005	32:08.76	Ruihuan Liu	Suzhou	30 May
30:19.39	Werknesh Kidane	Palo Alto, CA	29 May 2005	32:13.64	Sabrina Mockenhaupt	Pravets	8 Jun
30:20.75	Tirunesh Dibaba	London (OS)	3 Aug 2012	32:15.51	Laura Thweatt	Palo Alto, CA	28 Apr