

## START LIST



### Shot Put 4kg Women

	RESULT	NAME	COUNTRY	DATE	VENUE
WR	22.63	Natalya Lisovskaya	FRA	7 Jun 1987	Moskva
WL	20.37	Valerie Adams	NZL	23 Mar 2013	Auckland
MR	21.96	Helena FIBINGEROVÁ	CZE	20 May 1977	Ostrava

27 June 2013 17:20

ORDER	BIB	NAME	COUNTRY	DATE of BIRTH	PERSONAL BEST	SEASON BEST
1		<b>Jana Kárníková</b>	CZE	14 Feb 81	17.29	16.67
2		<b>Shanice Craft</b>	GER	15 May 93	17.15	17.12
3		<b>Melissa Boekelman</b>	NED	11 May 89	18.17	17.63
4		<b>Natalia Ducó</b>	CHI	31 Jan 89	18.80	18.00
5		<b>Anita Márton</b>	HUN	15 Jan 89	18.48	18.18
6		<b>Anca Heltne</b>	ROU	1 Jan 78	19.08	18.74
7		<b>Valerie Adams</b>	NZL	6 Oct 84	21.24	20.37

ALL-TIME TOP LIST				2013 TOP LIST			
RESULT	NAME	VENUE	DATE	RESULT	NAME	VENUE	DATE
22.63	Natalya Lisovskaya	Moskva	7 Jun 1987	20.37	Valerie Adams	Auckland	23 Mar
22.55	Natalya Lisovskaya	Tallinn	5 Jul 1988	20.24	Michelle Carter	Des Moines, IA	22 Jun
22.53	Natalya Lisovskaya	Sochi	27 May 1984	20.20	Christina Schwanitz	Shanghai	18 May
22.53	Natalya Lisovskaya	Kyiv	14 Aug 1988	20.15	Valerie Adams	Eugene, OR	31 May
22.45 ( )	Ilona Briesenick	Potsdam	11 May 1980	20.12	Lijiao Gong	Eugene, OR	31 May
22.41	Ilona Briesenick	Moskva	24 Jul 1980	20.10	Christina Schwanitz	Oslo (Bislett)	13 Jun
22.40	Ilona Briesenick	Berlin	3 Jun 1983	20.02	Valerie Adams	Sydney (SOPAC)	9 Mar
22.38	Ilona Briesenick	Karl-Marx-Stadt	25 May 1980	19.97	Lijiao Gong	Zhaoqing	27 Apr
22.36	Ilona Briesenick	Celje	2 May 1980	19.94	Christina Schwanitz	Praha	10 Jun
22.34	Ilona Briesenick	Berlin	7 May 1980	19.84	Christina Schwanitz	Halle	25 May
22.34	Ilona Briesenick	Cottbus	18 Jul 1980	19.73	Lijiao Gong	Shanghai	18 May
22.32	Helena Fibingerová	Nitra	20 Aug 1977	19.71	Lijiao Gong	Shenyang	15 Jun
22.24	Natalya Lisovskaya	Seoul	1 Oct 1988	19.65	Michelle Carter	Eugene, OR	31 May
22.22	Ilona Briesenick	Potsdam	13 Jul 1980	19.24	Alena Kopets	Minsk	7 Jun
22.19	Claudia Losch	Hainfeld	23 Aug 1987	19.20	Michelle Carter	Walnut, CA	20 Apr
22.13	Ilona Briesenick	Split	29 Apr 1980	19.20	Irina Tarasova	Sochi	26 May
22.06	Ilona Briesenick	Berlin	15 Aug 1978	19.04	Evgeniia Kolodko	Castellón	16 Mar
22.06	Natalya Lisovskaya	Moskva	6 Aug 1988	19.04	Ling Li	Shenyang	15 Jun
22.05	Ilona Briesenick	Berlin	28 May 1980	18.96	Tia Brooks	Austin, TX	25 May
22.05	Ilona Briesenick	Potsdam	31 May 1980	18.91	Tia Brooks	Eugene, OR	8 Jun