

## START LIST



### 3000 Metres Steeplechase Men

	RESULT	NAME	COUNTRY	DATE	VENUE
WR	7:53.63	Saif Saaeed Shaheen	QAT	3 Sep 2004	Bruxelles
WL	8:01.16	Conseslus Kipruto	KEN	18 May 2013	Shanghai
MR	8:02.25	Paul KOECH	KEN	25 May 2011	Ostrava

27 June 2013 20:15

ORDER	BIB	NAME	COUNTRY	DATE of BIRTH	PERSONAL BEST	SEASON BEST
1		<b>Lukáš Olejníček</b>	CZE	17 Jun 88	08:57.93	08:57.93
2		<b>Illya Suharyev</b>	UKR	16 Jun 86	08:33.22	08:39.09
3		<b>James Wilkinson</b>	GBR	13 Jul 90	08:34.00	08:40.62
4		<b>Edwin Molepo</b>	RSA	31 May 87	08:26.82	08:33.06
5		<b>Tolosa Nurgi Gigs</b>	ETH	00		
6		<b>Mateusz Demczyszak</b>	POL	18 Jan 86	08:26.31	
7		<b>Hubert Pokrop</b>	POL	2 Nov 85	08:24.04	08:43.72
8		<b>Mounatcer Zaghrou</b>	MAR	00.00.1989	08:23.84	08:23.84
9		<b>Timothy Toroitich</b>	UGA	10 Oct 91	08:23.61	
10		<b>Steffen Uliczka</b>	GER	17 Jul 84	08:22.93	08:23.57
11		<b>Tomasz Szymkowiak</b>	POL	5 Jul 83	08:18.23	08:26.77
12		<b>Wilson Maraba</b>	KEN	8 Jun 05	08:16.96	08:31.22
13		<b>Youcef Abdi</b>	AUS	7 Dec 77	08:16.36	08:33.74
14		<b>Brahim Taleb</b>	MAR	16 Feb 85	08:07.02	08:31.50
15		<b>Roba Gari</b>	ETH	12 Apr 82	08:06.16	08:14.39
16		<b>Conseslus Kipruto</b>	KEN	8 Dec 94	08:01.16	08:01.16
17	P	<b>Silas Too</b>	KEN	00.00.1993	08:35.46	08:35.46
18	P	<b>Clement Kemboi</b>	KEN	1 Feb 92	08:25.67	08:25.67

ALL-TIME TOP LIST				2013 TOP LIST			
RESULT	NAME	VENUE	DATE	RESULT	NAME	VENUE	DATE
7:53.63	Saif Saaeed Shaheen	Bruxelles	3 Sep 2004	8:01.16	Conseslus Kipruto	Shanghai	18 May
7:53.64	Brimin Kiprop Kipruto	Monaco	22 Jul 2011	8:02.63	Paul Kipsiele Koech	Shanghai	18 May
7:54.31	Paul Kipsiele Koech	Roma	31 May 2012	8:03.57	Hillary Kipsang Yego	Shanghai	18 May
7:55.28	Brahim Boulami	Bruxelles	24 Aug 2001	8:03.59	Conseslus Kipruto	Eugene, OR	1 Jun
7:55.51	Saif Saaeed Shaheen	Bruxelles	26 Aug 2005	8:04.48	Conseslus Kipruto	Oslo (Bislett)	13 Jun
7:55.72	Bernard Barmasai	Köln	24 Aug 1997	8:05.86	Paul Kipsiele Koech	Eugene, OR	1 Jun
7:55.76	Ezekiel Kemboi	Monaco	22 Jul 2011	8:06.60	Mahiedine Mekhissi-Benabbad	Eugene, OR	1 Jun
7:56.16	Moses Kiptanui	Köln	24 Aug 1997	8:07.00	Ezekiel Kemboi	Oslo (Bislett)	13 Jun
7:56.32	Saif Saaeed Shaheen	Athina (Olympic)	3 Jul 2006	8:08.60	Evan Jager	Eugene, OR	1 Jun
7:56.34	Saif Saaeed Shaheen	Roma	8 Jul 2005	8:08.83	Abel Kiprop Mutai	Shanghai	18 May
7:56.37	Paul Kipsiele Koech	Roma	8 Jul 2005	8:09.01	Hillary Kipsang Yego	Oslo (Bislett)	13 Jun
7:56.54	Saif Saaeed Shaheen	Zürich	18 Aug 2006	8:09.17	Hillary Kipsang Yego	Beijing	21 May
7:56.58	Paul Kipsiele Koech	Doha	11 May 2012	8:09.50	Gilbert Kiplangat Kirui	Shanghai	18 May
7:56.81	Richard Kipkemboi Mateelong	Doha	11 May 2012	8:09.84	Hillary Kipsang Yego	Eugene, OR	1 Jun
7:56.94	Saif Saaeed Shaheen	Monaco	19 Sep 2004	8:10.04	Abel Kiprop Mutai	Eugene, OR	1 Jun
7:57.28	Saif Saaeed Shaheen	Athina (Olympic)	14 Jun 2005	8:10.27	Jairus Kipchoge Birech	Shanghai	18 May
7:57.29	Reuben Kosgei	Bruxelles	24 Aug 2001	8:11.29	Jairus Kipchoge Birech	Oslo (Bislett)	13 Jun
7:57.32	Paul Kipsiele Koech	Monaco	22 Jul 2011	8:12.36	Gilbert Kiplangat Kirui	Oslo (Bislett)	13 Jun
7:57.38	Saif Saaeed Shaheen	Monaco	14 Sep 2003	8:12.53	Yoann Kowal	Rabat	9 Jun
7:57.42	Paul Kipsiele Koech	Monaco	14 Sep 2003	8:12.65	Jairus Kipchoge Birech	Eugene, OR	1 Jun